

DAVID ALLEN, DC, ATC, PA-C

SUMMARY

Orthopedic Physician Assistant trained in general orthopedics, sports medicine, surgical, and outpatient management. Prior outpatient experience as self employed Chiropractor/Athletic Trainer with proven ability and skilled management of outpatient orthopedic injuries. Seeking part time employment in ED or Occupational Medicine.

CLINICAL EXPERIENCE/ATHLETIC EVENT COVERAGE

1/6/08 - Current SAN FRANCISCO ORTHOPAEDIC SURGEONS GROUP

Surgical sports medicine practice covering all extremity joints and axial spine. Responsible for patient pre/post op care as well as first assisting in OR on total joints, shoulder/knee arthroscopy's and fxr cases. Take office call 1/4 and ER call in tandem with Physican/Resident. Joint injections and dx imaging as needed.

6/1/07 -12/5/07 MARIN FUNCTIONAL FITNESS

Strength and conditioning specialist for athletic adults and post total joint patients. Designed and implemented strength and conditioning programs for this patient population.

1/01/05 - 6/01/07 MT. TAM ORTHOPEDICS - LARKSPUR, CA

Evaluated patients with acute and chronic orthopaedic complaints. Provide pre-op H&P's, post op evaluations, as well as evaluations of new patients. Perform joint and Synvisc injections. Splinting, casting, bracing, Rx medications, X-rays, MRI's and referral are all within practice parameters. In addition to office clinical role, PA surgical first assist comprises about 50% of role, including inpatient management rounds and post up follow through. *Principal - John C. Keobane, MD - CEO Mt. Tam Orthopedics & US Ski Team Physician*

9/02 - 9/04 UC DAVIS PHYSICIAN ASSISTANT STUDENT ROTATIONS

GERIATRICS - 4 weeks Evergreen Nursing Facility, Petaluma, CA.

EMERGENCY MEDICINE - 4 weeks Sutter Chanate, Santa Rosa, CA.

ORTHOPEDIC TRAUMA SERVICE - 3 weeks UC Davis, Sacramento, CA.

ORTHOPEDIC URGENT CARE - 5 weeks Brookside Community Clinic, San Pablo, CA.

FAMILY PRACTICE/INTERNAL MEDICINE - 25 weeks Brookside Community Clinic, San Pablo, CA

8/01/03 – 8/29/03 SAN FRANCISCO FORTY NINERS TRAINING CAMP - 2003, Santa Clara, Ca.

Triaged athletic injuries and provided rehabilitation services to injured athletes. Prepped athletes for practice and provided athletic injury coverage to practice, preseason home and away games.

Head Athletic Trainer, Todd Lazenby, MA, ATC.

6/11/03 – 6/14/03 NCAA DIVISION- I OUTDOOR TRACK & FIELD CHAMPIONSHIPS,

Sacramento, Ca.

Volunteer Athletic Trainer/Chiropractor – triaged athletes and evaluated & treated musculoskeletal injuries. Prepped athletes for competition via taping, stretching, massage & manual joint therapy.

Head Athletic Trainer, Joe Ramos, ATC

1995 – 2001 MARIN SPINE & REHABILITATION, at 24-Hour Fitness, Larkspur, Ca.

Private practice: chiropractor/athletic trainer specializing in chiropractic manual therapy, physical rehabilitation and soft tissue treatment of outpatient orthopedic and industrial occupational patients. Provided evaluations and treatment of injured patients from companies such as Golden Gate Transit, 24 Hour Fitness, Autodesk Inc., Industrial Light & Magic, and Yardbirds Co.

Clinic Owner - David Allen, DC, ATC

1995 - 1999 AVP PRO BEACH VOLLEYBALL TOUR, Western United States Tour

Served as part of the volunteer medical staff of the AVP Pro Beach Volleyball Tour. Worked with interdisciplinary staff (orthopedist, chiropractors, primary care physicians, physiatrists) and provided on-site manual orthopedic evaluations and treatment/therapy, including taping, bracing, casting, electrical modalities and manual therapy as needed. Worked with athletes such as Mike Dodd, Jose Loiola, Mike Whitmarsh, Karch Kiraly, Kent Steffes, and Randy Stoklos.

Medical Directors - G. Douglas Anderson, DC, DACBSP and Keith Feder, MD – Orthopedic Surgeon.

ATHLETIC TRAINING INTERNSHIPS:

2003 SAN FRANCISCO FORTY NINERS FOOTBALL TEAM, Santa Clara, Ca.

Worked as an Athletic Trainer for the 2003 49er training camp, including coverage of all home and away games.

1997 -2000 MARIN CATHOLIC HIGH SCHOOL, Kentfield, Ca. (2000+ hours)Assisted

Head Athletic Trainer and Director in areas of strength & conditioning, emergency procedures and pre-season physicals. High School State Champions 2000.

1995 -1997 SAN FRANCISCO / MARIN RUGBY TEAM, San Francisco, Ca (500 hrs)

Served as part of the medical team to provide athletic training services.

EDUCATION

2008 UNIVERSITY OF NEBRASKA MEDICAL CENTER

Masters of Physician Assistant Studies (In Progress)

2004 UNIVERSITY OF CALIFORNIA, DAVIS - FNP/PA PROGRAM, Sacramento, Ca.

*Graduate of the UC Davis Family Nurse Practitioner/Physician Assistant Program
Department of Family & Community Medicine, UC Davis School of Medicine*

1995 SOUTHERN CALIFORNIA UNIVERSITY OF HEALTH SCIENCES, Los Angeles, Ca.

One year post chiropractic sports medicine certificate program

1993 **PALMER WEST COLLEGE OF CHIROPRACTIC, Santa Clara, Ca.**
Doctor of Chiropractic

SAN DIEGO STATE UNIVERSITY, San Diego, Ca.
Bachelor of Applied Arts & Sciences – Physical Education / Kinesiology

CERTIFICATIONS

2004 **PHYSICIAN ASSISTANT NATIONAL CERTIFICATION**
EXAMINATION

Certified Physician Assistant #1065180

2001 **NATIONAL ATHLETIC TRAINERS ASSOCIATION- BOC**

Certified Athletic Trainer, #020102196

2000 **CALIFORNIA ACADEMY FOR MANIPULATION UNDER**
ANESTHESIA

Certified in Manipulation Under Anesthesia, #533990009

ACLS & BLS CERTIFICATIONS - AMERICAN HEART ASSOCIATION

Continuous Certification 1994 – 2006

1994 **STATE BOARD OF CHIROPRACTIC EXAMINERS**

California Licensure: Ca #22955

1993 **NATIONAL BOARD OF CHIROPRACTIC EXAMINERS**

Diplomate National Board of Chiropractic Examiners, #50425

PRIVILEGES:

2008 *St. Mary's Hospital, San Francisco, CA.*
Pacific Heights Surgery Center, San Francisco, CA

SEMINARS / CONTINUING EDUCATION

2008 **AAOS ANNUAL CONFERENCE**

Multiple Presenters - Orthopedic Surgery

2006 **AAPA ANNUAL CONFERENCE - SAN FRANCISCO, CA**

Multiple Presenters - Primary Care Medicine

2005 **8TH ANNUAL TAHOE KNEE & SHOULDER UPDATE**

Kieth Swanson, MD, JP Warner, MD, Stephen Howell, MD, Robert Hunter, MD

CARDIOVASCULAR HEALTH

Christian Mendes, MD – Associate Professor Nephrology UC San Diego School of Medicine

PERFORMANCE CARE FOR ATHLETES

Steve Isono, MD – Orthopedic Sports Medicine – Sacramento Kings & Oakland Raiders

- 2004 **HYPERLIPIDEMIA: A NEW APPROACH**
Steven Anton, MD- East Bay Cardiology Associates
- 2004 **THROMBOEMBOLISM: DIAGNOSTIC AND THERAPEUTIC**
INTERVENTIONS
Eric Shephard, MD – Orthopedic Trauma Service, UC Davis Medical Center
- 2003 **MIXED HYPERLIPIDEMIA: A NEW PERSPECTIVE**
Arnold Keys, MD – UC Berkeley
- 2003 **MANAGEMENT & TREATMENT OF IRRITABLE BOWEL**
SYNDROME
William Snape, Jr., MD – Director of Gastroenterology, California Pacific Medical Center
- 2003 **DIFFICULT DIABETIC CASE MANAGEMENT**
Linda Gaudiani, MD – Endocrinologist, Private Practice Greenbrae, Ca.
- 2003 **INSULIN RESISTANCE, DIABETES, AND THE ADIPOCYTE:THE**
DEADLY TRIAD
Patrick Boyle, MD, Professor of Medicine at the University of New Mexico
- 2003 **MANAGEMENT OF HYPERLIPIDEMIA**
Howard J. Schultz, MD, Private Practice Internal Medicine
- 2003 **MANAGEMENT OF THE DIABETIC PATIENT**
David M. Kendall, MD, Minneapolis Diabetes Treatment Center
- HYPERTENSION - CLINICAL UPDATES**
Robert Wright, MD - UCLA School of Medicine
- 2002 **MANAGEMENT OF SPONDYLOLISTHESIS/SPONDYLOLYSIS**
John Hyland, DC, DABCO, DACBR, CSCS - Marymount University, Denver, Co.
- STRESS TO THE HUMAN SKELETON**
Terry Yochum, DC, DACBR, Fellow ACCS - Director, Rocky Mountain Radiological Center
Author - Essentials of Skeletal Radiology, 2nd edition
- SPINAL PELVIC STABILIZATION**
William Austin, ATC, DC, CCSP
- OCCUPATIONAL MEDICINE CLINIC: CLINICAL SEMINAR 3 - 4 mos.**
Millenium Occupational Medicine - St. Luke's Hospital San Francisco, Ca.
- 2001 **THE DEGENERATIVE CASCADE**
Michael N. Brown, P.A-C, DC, FACO - Spine & Orthopedic Medicine Associates
- 2001 **CONSERVATIVE MANAGEMENT OF LOW BACK SYNDROMES:**
Michael Hubka, DC, FCCS(C) & Craig Morris, DC, DACRB –So. Cal. Univ. of Health

2000 **MANIPULATION UNDER ANESTHESIA - SANTA TERESITA**
HOSPITAL

Susan Moein, DC, MD

WHIPLASH 2000: MECHANISMS, BIOMECHANICS AND TREATMENT

Dan Murphy, DC, Dipl. Amer. Board. Chiro. Orthopedists

1999 **MANIPULATIVE & SOFT TISSUE TECHNIQUES**

Bruce Marks, DC, DABCO

1999 **RESEARCH & DOCUMENTATION IN CLINICAL PRACTICE**

Malik Slosberg, P.A.-C, DC, MS - Life Chiropractic College - West Faculty

1998 **FOOT & ANKLE: ASSESMENT AND SELECTED MOBILIZATIONS**

Leonard Stein, DC - Golden State Warriors Team Chiropractor

1998 **PRESENTOR - FITNESS INSTITUTE TRAINING**

Lecturer at Personal Trainer Certification Course - 12 hours, San Rafael, Ca.

1997 **SHOULDER INJURIES: THE FUNCTIONAL APPROACH**

Gary Lang, MS, ATC - Head Athletic Trainer, Foothill Junior College

1996 **TREATMENT OF BACK PAIN: AN INTEGRATED APPROACH**

Ken Light, MD - Panel Moderator - Saint Francis Spine Center, San Francisco, Ca.

DIAGNOSIS & TREATMENT OF GAIT AND PELVIC IMBALANCES

Leonard Stein, DC - Golden State Warriors Team Chiropractor

1995 **EXERCISE PHYSIOLOGY AND NUTRITION**

Phillip Harvey, PhD - Los Angeles College of Chiropractic

1995 **MOBILIZATION & MANIPULATION OF THE EXTREMITIES**

Brian Nook, DC, DACBSP - Southern California University of Health Sciences

1995 **PRINCIPLES OF ATHLETIC TAPING**

Andy Paulin, ATC - Head Athletic Trainer, Mt. San Antonio College

1995 **INJURIES TO THE LOWER EXTREMITY, FOOT & ANKLE**

Carol Frey, MD - Chief, Foot & Ankle Service USC and Glenn Pfeiffer, MD - CPMC

1995 **MANAGEMENT OF COMMON KNEE CONDITIONS**

John Scaringe, MS, DC and Alan Strizak, MD, - SCHUS

1995 **SPINAL CONDITIONS & SPORTS PHYSIOTHERAPEUTICS**

Donna M. Green, DC, Cert. Chiro. Sports Physician - SCHUS

1995 **INJURIES TO THE GROIN, HIP AND THIGH**

Donna M. Green, DC, Cert. Chiro. Sports Physician - SCHUS

1995 **SHOULDER: EVALUATION & MANAGEMENT**

Joe Horrigan, DC, DACBSP, CSCS - Strength & Conditioning Coach, LA Kings Hockey

Team,

Keith Feder, MD West Coast Center for Sports Medicine & Orthopedic Surgery